

Syed Zahid Hussain Shah

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EXPERIENCE

WellMed at McKinney North, McKinney, TX— *Internist*

August 12th, 2024 - PRESENT

Focusing on Preventative medicine for patients aged 18 and above, especially on the elderly population.

- Adult Immunization
- Cancer Screening for various types of Cancer, such as Breast Cancer, Colon Cancer, Cervical Cancer, and Prostate Cancer.
- High risk behavior modification such as smoking cessation, safe sex, alcoholism, obesity prevention, and mental health.
- Taking detailed history and examinations, discussing treatment plans with patients based on my clinical experience, and minimizing number of referrals to specialists.
- Utilizing Electronic Clinical Works (ECW) software, such as Zephyr, to track number of emergency room visits, and hospital admissions/readmissions within 30 days.
- Utilizing software such as Healow to facilitate patients' contact with me in addition to the answering service.
- Close follow-up of patients with post-ER and post hospital visit, for medicine reconciliation in a timely manner.
- Medicinal adherence for chronic conditions such as high blood pressure, diabetes, and statin use, to prevent cardiovascular complications.

WellMed Clinic, Allen TX— *Internist*

February 2023 - August 2024

Continuing a quarter of a century of high quality health care, under the great WellMed model. Also covered Oak Cliff location from April 15th, 2024 through August 9th, 2024.

Allen Clinic, Allen TX— *Internist*

August 1999 - January 2023

Evidence based highly advanced approaches for preventive Medicine, treating acute illnesses from adolescent to Geriatric population in Allen and Frisco Texas with the background of my 40 years of clinical experience.

CERTIFICATIONS

American Board of Internal
Medicine (Status Active)
October 14th 2024 (Valid until
October 13th 2034)

FACP (Status Current), Fellow
of the American College of
Physicians, 2010

ABIM Certification, 2007

ABIM Certification, 1997

FLEX, State Board of
Medicine, Harrisburg PA,
1993

FMGEMS, Educational
commission for Foreign
Medical Graduates,
Philadelphia PA, 1993

MCPS, Family Medicine,
College of Physicians and
Surgeons, Pakistan, 1992

FRCS (Basics of Clinical
Sciences), Royal College of
Edinburgh, UK, 1985

AWARDS

America's top Physician 2011

Most Compassionate Doctor
2010

Patient's choice award 2012

Allen American Readers
choice. Best Geriatrician 2010

Centennial Hospital, Frisco, TX— *Internist*

August 2002 – July 2018

On call Internist for emergency room patients who needed in-patient care for life threatening emergencies..

LANGUAGES

Fluent in English, Urdu, and Sindhi

Medical City of McKinney, Mckinney, TX— *Internist*

August 1999 - July 2008

On call Internist for the emergency department providing in-patient care in the hospital.

Medical Center of Plano, Plno, TX— *Internist*

August 1999 - July 2008

Working with the emergency and acute care team of the physicians treating serious medical conditions in the hospital

Texas Health Presbyterian Hospital, Allen, TX— *Internist*

August 1999 - July 2008

On call Internist for emergency room patients who needed in-patient care for acute illnesses. I managed the patients under my care.

Texas Health Presbyterian Hospital, Plano, TX

August 1999 - July 2008

On call Internist for emergency room patients who needed in-patient care for life threatening illnesses. I took care of the patients admitted under my care.

Dakota Clinic, Lisbon, ND— *Consulting Physician*

July 1997 - July 1999

Provided a state of art high quality care for the loving community of Lisbon, North Dakota. Took care of acute illnesses with cost effective and problem orientated fashion. Preventive Medicine consultations including comprehensive annual physical examination, immunizations and cancer prevention.

Marriott Hospital, Lisbon, ND— *ER Physician*

JULY 1997 - JULY 1999

Worked as an Emergency Room Physician. I successfully managed medical emergencies such as heart attacks, stroke, uncontrolled diabetes and high blood pressure, Cardiopulmonary resuscitations. Took care of surgical emergencies such as managing injuries, cuts and broken bones and acute abdominal surgical emergencies.

Veteran Nursing Home, Lisbon, ND— *Medical Director*

JULY 1997 - JULY 1999

Served as consulting physician and the Medical director of the Veteran Nursing Home, Lisbon, North Dakota. I executed safety protocols, their nutrition and physical activities. I treated acute and chronic illnesses.

Red River Hospice Services, Lisbon, ND— *Medical Director*

JULY 1997 - JULY 1999

I provided palliative and comfort care for terminally ill patients.

Civil Hospital, Kandhkot, Sindh Pakistan— *General Surgeon*

November 1989 - June 1994

I was incharge of the department of surgery in 20 beds Hospital.

I performed minor and major surgeries with successful results. I took care of the Emergency department taking care of acute medical and surgical emergencies. I ran a regular busy ambulatory clinic treating sick patients.

Liaquat University of Medical & Health Sciences, Jamshoro, Sindh Pakistan— *Registrar General Surgery*

April 1983 - April 1985

Worked as Registrar in surgery in one the topmost teaching Hospital in Sindh, Pakistan. The duties included managing surgical emergencies, performing emergency and elective surgical procedures. I had a busy schedule of teaching the resident doctors and the Medical students. I took regular rounds for the patients admitted under my care. I used to discuss with the residents and Medical students at the bed site on each patient.

I was actively involved in research projects with my professor, Dr. Abdul Ghani Siddiqui FRCS, such as retrospective study of most common hospital-acquired wound infections and double blind trial for the role of Piroxicam (Feldene) compared with placebo for degenerative arthritis.

EDUCATION AND TRAINING

Wayne State University School of Medicine, Detroit, Michigan— *Residency Internal Medicine*

July 1994 - July 1997

I did residency training in Internal Medicine. The training was a state of the art sequential and research based in the following teaching Hospitals.

Grace Hospital. Detroit Michigan

Harper Hospital. Detroit Michigan

Detroit Receiving Hospital. Detroit Michigan

Veteran Affairs Hospital. Detroit Michigan

The routine daily schedule started with Morning report, Hospital rounds with supervising consultants discussing at bed site the diagnosis and management of each individual patient. During on-call days I used to go with my on-call team to the emergency room to admit very sick patients.

I was actively involved in a 2 years research project “ Protein C and S deficiency in patients with End Stage Renal Disease”. I performed the emergency procedures under supervision, such as intubation (placing an airway tube down to the lungs and connecting it to the ventilator to assist breathing), placing a central line for iv access, Cardiopulmonary resuscitations etc. I performed surgical procedures such as biopsies of the lesions suspected for cancer, Bone marrow biopsy, removal of skin tumors etc. I learned from highly advanced research by the local and International speakers' presentations in seminars.

Royal College of Surgeons & University of Edinburgh, Edinburgh, United Kingdom— *Postgraduate Training*

May 1985 - July 1989

Performed many Postgraduate FRCS courses, including:

Royal College of Surgeons, Edinburgh. UK

University of Edinburgh, Edinburgh. UK

Western General Hospital. Edinburgh. UK

As well as the following clinical rotations:

Grampian Health Board in Dr. Gray's Hospital Elgin. UK

South Shields General Hospital, South Shields. UK

Ingham Infirmary, South Shields. UK

Royal Cornwall Hospital, Truro Cornwall. UK

Victoria Hospital, Kirkcaldy. UK.

Liaquat University of Medical & Health Sciences, Jamshoro, Sindh Pakistan __ House job March 1982–March 1983

I did house job (residency) training for 12 months in the
University teaching Hospitals in Jamshoro and Hyderabad Sindh.

I was actively involved in taking care of in-patients under the supervision of the Registrar and the consultants. I worked with the on-call team of doctors to manage critically ill patients in the emergency department.

I attended regular seminars and learned from the local, national and international speakers.

I was involved in a 6 months research project organized by Pfizer pharmaceutical company on the product “ FELDENE” that is a non steroidal anti inflammatory medicine to treat arthritis. It was part of international research to find the efficacy of Feldene over the other agents

of the same family. I worked under the supervision of Dr. Abdul Ghani Siddiqui, professor in surgery. I gave a presentation to elaborate the statistical data of 300 patients in that trial.

Liaquat University of Medical & Health Sciences, Jamshoro, Sindh Pakistan — MBBS

August 1975 - December 1981

I was privileged to be selected in one of the oldest Medical Universities in Pakistan. I had a very busy schedule attending practical teaching, hands-on laboratory testing in different disciplines and dissections on cadavers to learn human anatomy during the first two years of the preclinical curriculum.

In the last 3 years I had well organized clinical rotations in the University teaching Hospitals in Jamshoro and Hyderabad Sindh. Each Hospital had the capacity of 300 beds, Operating rooms, intensive care units and very busy emergency departments.